

Sites/Contact info

PORT Administration

115 1st Street N. P.O. Box 488 Brainerd, MN 56401

Phone: 218-828-6274 Fax: 218-828-4209

Boys Group Home

1406 Laurel Street P.O. Box 488 Brainerd, MN 56401

Phone: 218-829-0263 Fax: 218-829-4773

Girls Group Home / Intake House

115 1st Street N. P.O. Box 488 Brainerd, MN 56401

Phone: 218-829-2123 Fax: 218-829-3947

Girls PORT South

9342 St. Mathias Rd. P.O. Box 488 Brainerd, MN 56401

Phone: 218-829-3128 Fax: 218-829-3390

Kade Point Group Home/ Girls Ind. Living

10575 Kade Point Road. P.O. Box 488 Brainerd, MN 56401

Phone: 218-828-2144 Fax: 218-828-2813

Lakes Area Counseling

115 1st Street N. P.O. Box 488 Brainerd, MN 56401

Phone: 218-828-6274 Fax: 218-828-4209

www.portgrouphomes.org

*Building communities, one
child at a time*

PORT Group Homes



About PORT



Located in the heart of Minnesota's woods and water, PORT Group Homes has provided residential services for children since 1972. Built in 1997 for group home living, the Boys Group Home serves up to 14 boys, ages 12-18.

Except for the Intake House (10-12 girls), Girls PORT South (6-8 girls) and Kade Point (6-8 girls) are residential models in the country, providing a more therapeutic and independent living environment.

Many of the adolescents who come to PORT have failed to follow the rules in their homes, schools and communities. With structure and nurture, we teach young people the skills needed to make healthy choices and take responsibility for their behavior.

Admission criteria

PORT serves males and females ages 12-18, who present a variety of issues including: drug and/or alcohol abuse, truancy, running away, depression or ADHD. PORT does not serve adolescents who have lost contact with reality or are an immediate danger to themselves or others.

A Menu of Services

Short term services/Consequence program: A safe, structured environment for clients who are in need of diversion, stabilization or consequences or whose families need a short respite. Clients may work on individual goals, and build skills.

30 day evaluations: A comprehensive evaluation including behavioral observations in our structured environment and an assessment by a licensed psychologist.

Program: Referral agents contract for our behavioral/cognitive program over a time frame based on the client's needs.



Individualized treatment plan

Clients receive a series of screenings and assessments to identify their physical, psychological and cultural needs. Then the client, their families and the referral agent provide additional input in the development of an individualized treatment plan.

Programming

Daily behavior report

PORT residents work daily on five areas of behavior that will help them transition back to their home or community. We track these behaviors so as to identify destructive patterns. Then we teach the appropriate skills.



Another benefit of this system is that a referral agent can call for an updated version of the client's progress report and receive an objective and accurate picture of the client's behavior.

The categories tracked include: peer relations; basic behavioral expectations; school, group and study hall participation; adult and authority figure relations and room cleanliness and personal hygiene. Throughout the day, staff observe and rate individual behavior awarding "productive day" when residents meet or exceed basic behavioral expectations and "unproductive" when they don't.

Privileges

When clients reach individual goals, they advance in skill level. All skill levels have corresponding privileges that include T.V., phone calls, off grounds recreation, passes and visits home.



School attendance

Brainerd Public Schools provide PORT's educational component. Residents begin with tutors and/or in-house special education services. Residents may attend an alternative program or mainstream classes as they progress behaviorally and academically. Program directors meet weekly with school personnel to track residents' progress.

House chores/living skills

Residents are responsible for daily chores and personal laundry and earn an allowance based on positive behavior.

Corrective programming

Through corrective programming, clients learn to connect their poor decisions with the natural consequences of their actions. Corrective programming also takes into consideration the client's abuse history, development, culture, disability and gender needs.

Recreation

The Brainerd lakes area provides an abundance of recreation opportunities. PORT residents swim, play basketball, hike and bike on the Paul Bunyan Trail and attend plays at Central Lakes College as well as participate in treatment league tournaments.

Transition services

When residents advance to transitional levels, they practice skills learned in the group home at home. As residents transition back to the community, our staff help set up structure and support outside the facility.

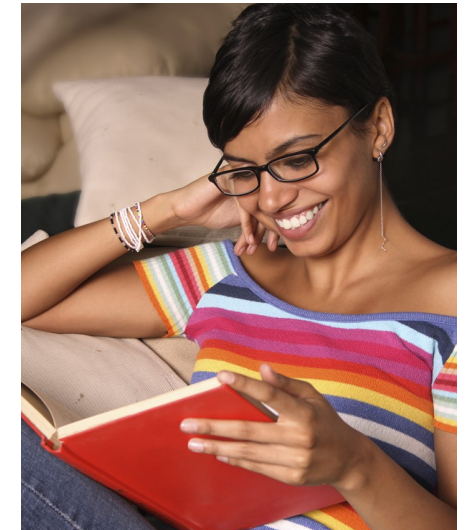
Cultural competency

With 30% of our population an ethnic minority at any given time, PORT provides cultural diversity training for our staff and residents and through "culture night", encourages all residents to respect their own and others' culture.



Special curriculums

Special curriculums include: Anger management, pro-social skills, rational emotive therapy, independent living skills, project adventure (team building activities), sexuality self-awareness, chemical dependency awareness and spirituality.



Gender specific services

Girls participate in a number of gender-specific activities at PORT. Special curriculum includes careers, teen pregnancy and women's history.

Mental health services

With an eye to best practices, licensed psychologists oversee PORT's clinical services and provide diagnostic assessments, individual counseling and Dialectical Behavioral Therapy (DBT) groups. Residents can be referred for diagnostic assessments or individual counseling to Lakes Area Counseling, Northern Pines Mental Health Services or C.O.R.E Psychological Services.